Autumn Menu 2015

What's on today



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Oven Baked Pork Sausages Served With Creamed Potato & Gravy	Traditional Beef Bolognaise Served with Home Made Garlic Bread	Roast Chicken Breast with Roast Potatoes & Gravy	Sweet & Sour Turkey with Vegetable Rice	White Fish Fingers with Chipped Potatoes & Tomato Sauce
	Vegetarian	Toad In The Hole with Vegetable Sausage Served with Creamed Potatoes & Gravy	Vegetable & Pasta Medley Served with Home Made Garlic Bread	Creamy Vegetable Wrap Served with Roast Potatoes & Gravy	Lentil and Sweet Potato Curry Served with Rice	Cheese and Pepper Whirl Served with Chipped Potatoes
		Fresh Carrots Garden Peas	Sweetcorn & Mixed Peppers Seasonal Side Salad	Cauliflower Fresh Carrots	Seasonal Roasted Mixed Vegetables	Baked Beans Garden Peas
	Dessert	Home Made Chocolate Brownie Yoghurt Fresh Fruit Platter	Apple Pie & Custard Yoghurt Fresh Fruit Platter	Home Made Fruit Shortbread Yoghurt Fresh Fruit Platter	Iced Marble Sponge with Custard Yoghurt Fresh Fruit Platter	Fruit Jelly with Lightly Whipped Vanilla Cream Yoghurt Fresh Fruit Platter
Week 2	Main	Home Made Ham & Cheese Pizza with Roasted Jacket Wedges	Shepherd's Pie	Roast Loin of Pork with Roast Potatoes and Gravy	Chicken, Sweetcorn & Leek Puff Pastry Pie Served with Creamed Potatoes	Battered White Fish with Chipped Potatoes & Tomato Sauce
	Vegetarian	Roasted Vegetable French Bread Pizza with Roasted Jacket Wedges	Home Made Spinach & Tomato Quiche Served with New Potatoes	Bean & Cauliflower Bake	Chickpea & Vegetable Casserole Served with Rice	Bean & Lentil Burgers with Chipped Potatoes
		Garden Peas Seasonal Side Salad	Fresh Broccoli Sweetcorn	Green Cabbage Fresh Carrots	Crushed Swede Green Beans	Baked Beans Garden Peas
	Dessert	Chocolate & Orange Sponge with Custard Yoghurt Fresh Fruit Platter	Fruit Crumble with Custard Yoghurt Fresh Fruit Platter	Fruit Smoothie & Home Made Mini Shortbread Biscuit Yoghurt Fresh Fruit Platter	Apple Flapjack with Custard Yoghurt Fresh Fruit Platter	Carrot & Courgette Cake Yoghurt Fresh Fruit Platter
Week 3	Main	Tuna Pasta Bake with Homemade Tomato & Herb Focaccia	Chicken Casserole with Rice	Roast Turkey with Baby Roast Potatoes & Gravy	Traditional Beef Lasagne	Salmon or White Fish fingers with Chipped Potatoes, Tomato Sauce
	Vegetarian	Macaroni Cheese with Homemade Tomato & Herb Focaccia	Vegetable Goulash with Rice	Shepherdess Pie	Vegetable Wellington Served with Creamed Potatoes	Cheese & Tomato Quiche with Chipped Potatoes
		Sweetcorn Green beans	Green Cabbage Fresh Carrots	Crushed Swede Cauliflower	Broccoli Seasonal Mixed Salad	Baked Beans Garden Peas
	Dessert	Carrot & Sultana Cake Yoghurt Fresh Fruit Platter	Fruit Sponge with custard Yoghurt Fresh Fruit Platter	Fruit Jelly & Ice Cream Yoghurt Fresh Fruit Platter	Sticky Toffee Apple Crumble with Custard Yoghurt Fresh Fruit Platter	Home Made Chocolate & Banana Muffin Yoghurt Fresh Fruit Platter











