



Some settings change on your game



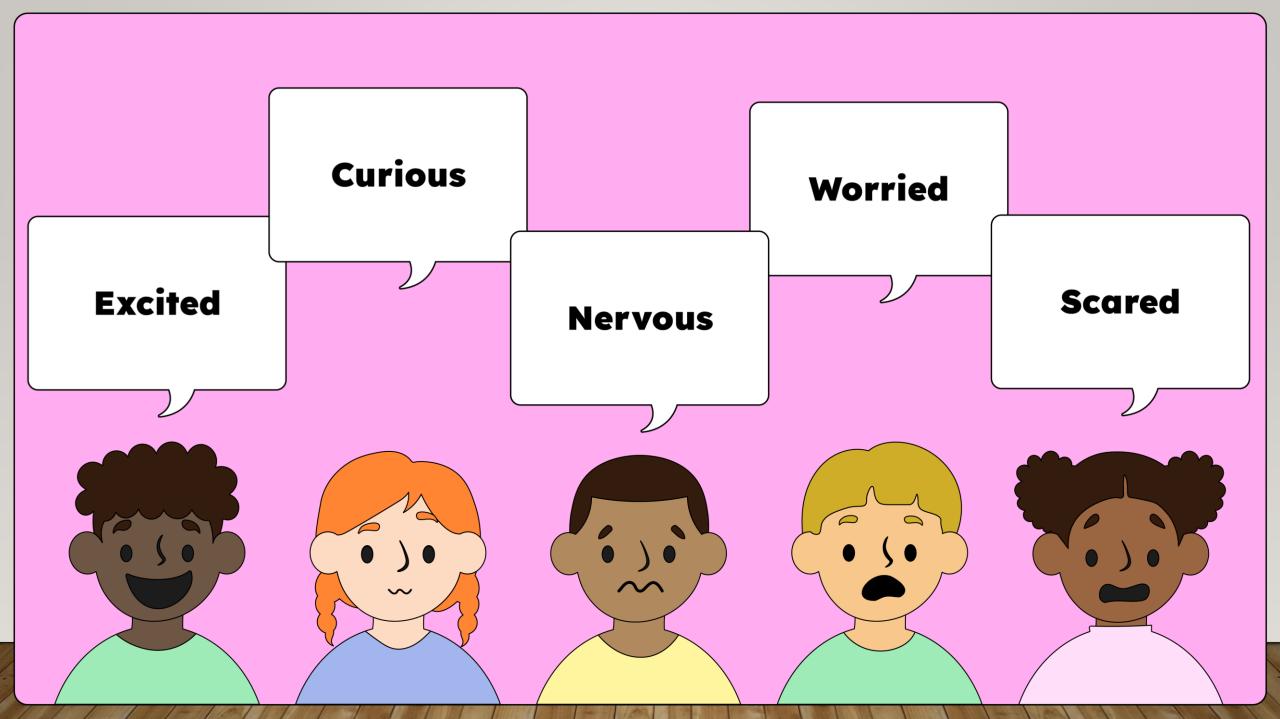
A video you were watching change



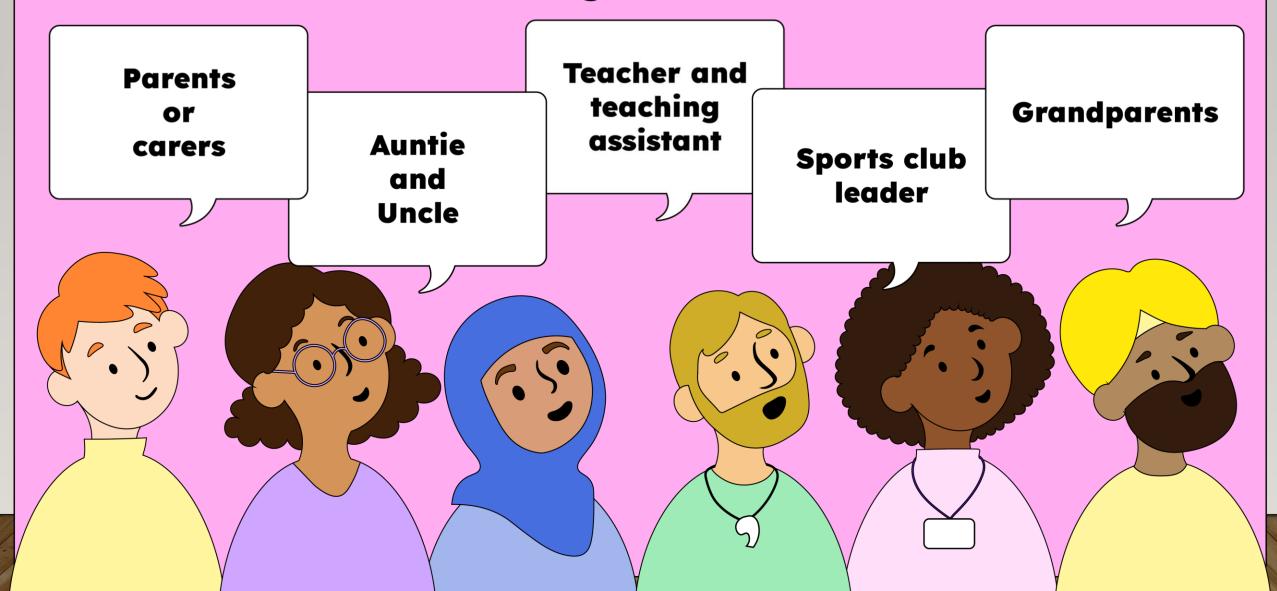
A character online look different



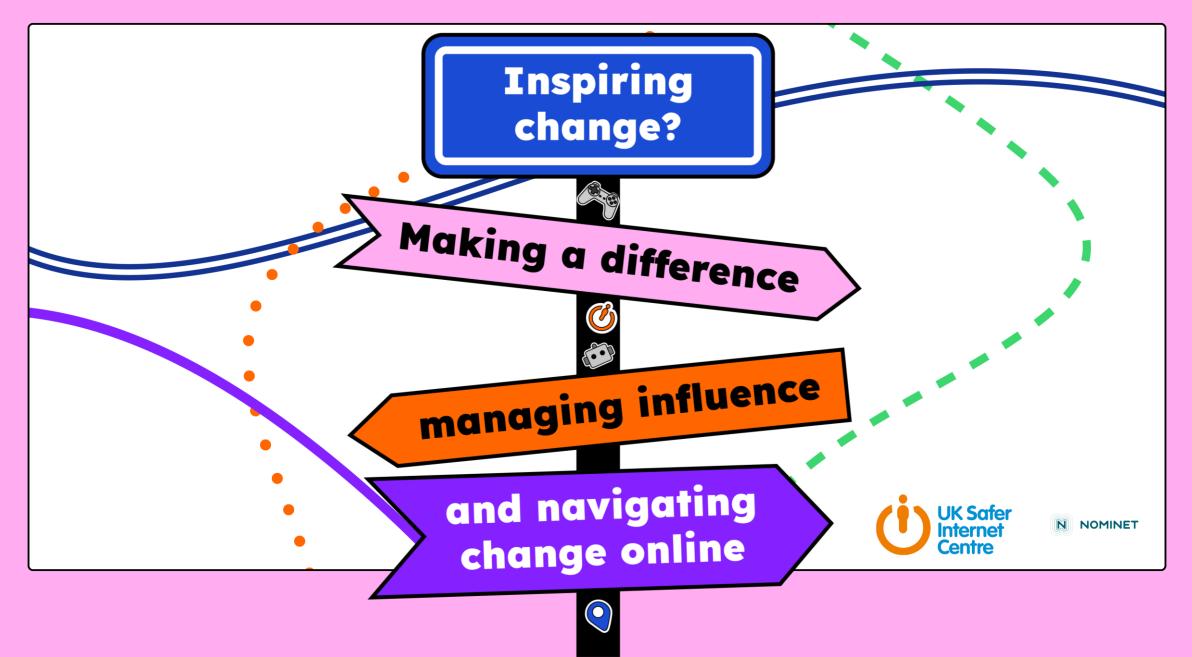
Something pop up on your screen

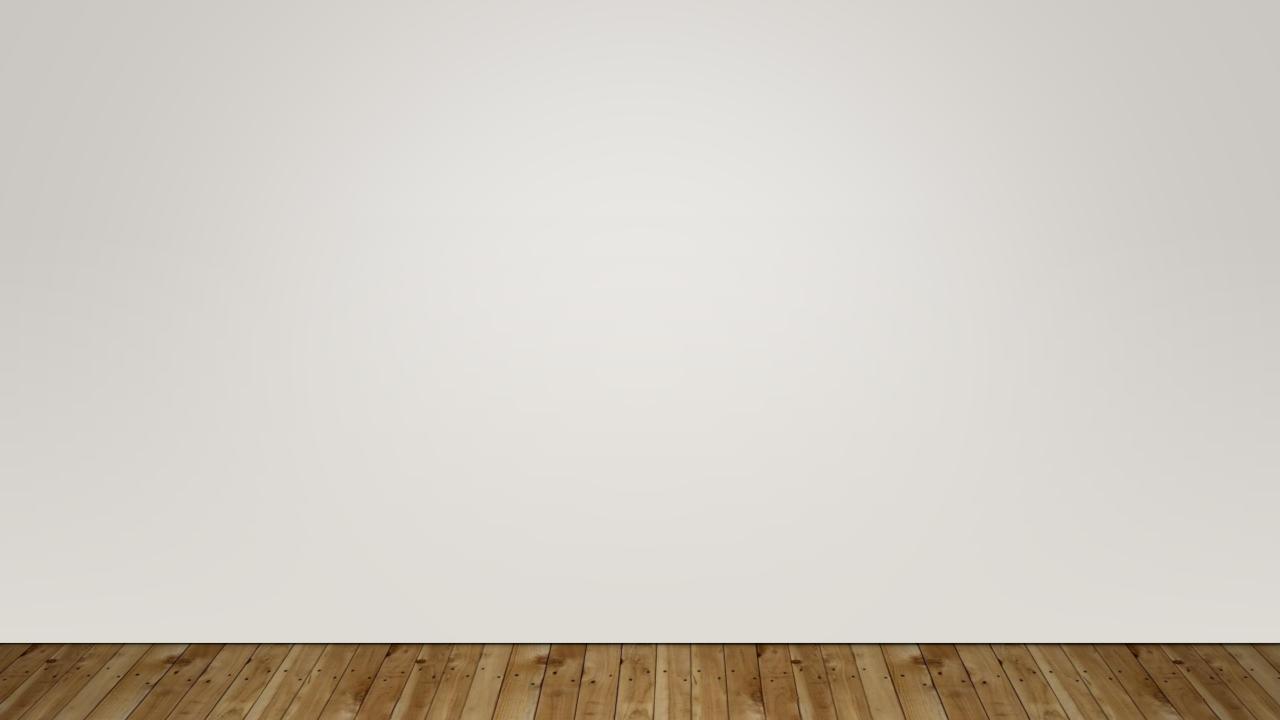


Who are the trusted adults you could talk to about things online?



Happy Safer Internet Day everyone!







Parent Support









The 4 Cs

The 4 C's of Online Safety



01

Content

Being exposed to illegal, inappropriate, or harmful content, for example: pomography, fake news, racism, misogyny, self-harm, suicide, anti-Semitism, radicalisation, and extremism.



02

Contact

Being subjected to harmful online interaction with other users; for example: peer to peer pressure, commercial advertising and adults posing as children or young adults with the intention to groom or exploit them.



03

Conduct

Online behaviour that increases the likelihood of, or causes, harm; for example, making, sending and receiving explicit images, online bullying etc,



04

Commerce

Risks such as online gambling, inappropriate advertising, phishing and or financial scams. If you feel your pupils, students or staff are at risk, please report it to the Anti-Phishing Working Group (https://apwg.org/).



Understanding Age Ratings - Own It - BBC



www.parentsafe.lgfl.net/home



<u>Apple Screen Time</u>

Great for both parental controls and teen self-regulation



Google Family Link

<u>Digital Wellbeing</u> is the next step for the older ones after Family Link



Microsoft Family Safety

There are no self-regulation features for older teens, but Family Safety is great for the younger ones

www.internetmatters.org









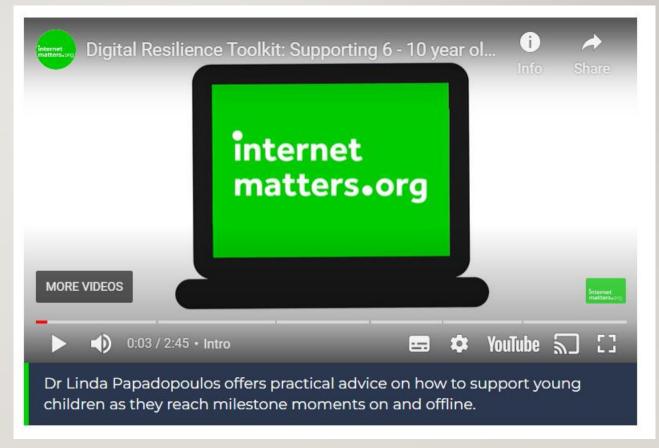
with your child's digital needs.

Choose age appropriate apps >

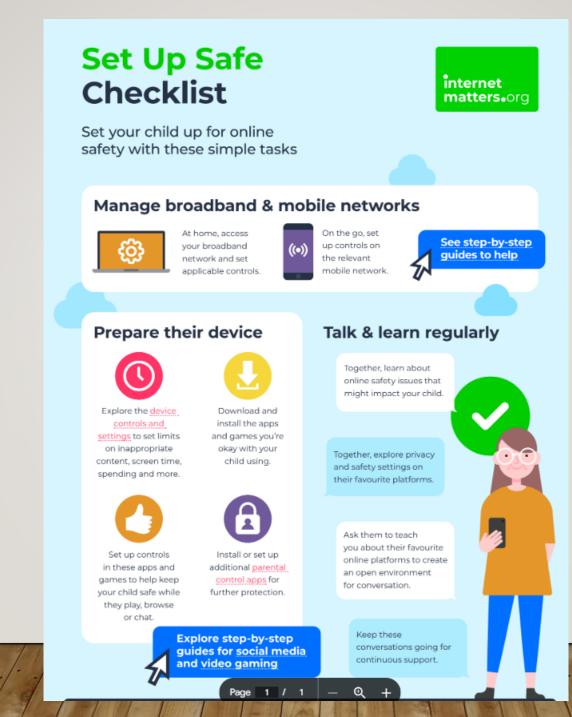
HOW IT WORKS \rightarrow

Get tips to talk about online safety





Digital Resilience Toolkit: Supporting 6 - 10 year olds | Internet Matters - YouTube



≻Consoles

All consoles offer parental controls such as limiting the time spent on the device or restricting who your child can communicate with. Find out the specific settings below: •

PlayStation: https://www.playstation.com/en-gb/support/account/psn-safety-parents-guide/

Xbox: https://www.xbox.com/en-GB/family-hub

Nintendo Switch: https://www.nintendo.co.uk/Hardware/Nintendo-Switch-Parental-Controls/Nintendo-Switch-Parental-Controls-1183145.html



Search safely

Explore together

> Use airplane mode

Put yourself in control

Stay involved







WhatsApp is a free messaging app that allows you to send messages, voice notes, photos and videos.

What should I be aware of?

Group chats: One of the key features is the group chat function. Everybody in the group, even if they are not one of your child's phone contacts, will be able to see all messages within that group. If your child is added to a group with someone that they have previously blocked, that person can still see their messages and send them messages within the group chat. In settings, you can change who can add your child to groups. You can leave a group chat at any point so talk to your child and encourage them to leave any chat that makes them feel uncomfortable.

Location sharing: you can share your location on WhatsApp. Talk to your child about when this would be appropriate to use but also the potential danger of sharing their location, for example with strangers.

Blocking/Reporting: Show your child how to block and report other users or inappropriate content.

Further information NSPCC provide further advice and tips to help keep your child safe: https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/2023-01-12-is-whatsapp-safe-for-my-child/



Under 13? Use either YouTube Kids or a Supervised Account

YouTube Kids – this is a separate app that includes a smaller selection of videos based on the age you select: • Preschool (ages four and under)

- Younger (ages 5–8)
- Older (ages 9–12)

Supervised accounts – this is a parent-managed version of YouTube. You can select one of the following options: • Explore - Generally for viewers aged 9+. • Explore more - Generally for viewers aged 13+ • Most of YouTube - This setting includes almost everything on YouTube except for videos marked as 18+ and other videos that may not be appropriate for viewers using supervised experiences.

Google have created a table to show the differences between YouTube Kids and a Supervised account to help in your decision: https://support.google.com/youtube/answer/10315420



Posting videos:

You should be over 13 to post videos. If your child does post videos on YouTube, ensure they understand what information they should keep private and what to do if they receive negative comments. Talk to them about the different settings available –

- **1. Public: anyone can view the video.**
- 2. Private: video can only be viewed by users that you select.
- 3. Unlisted: only people who have the link to the video can view it.

YouTube have produced these safety tips for teens when posting content: https://support.google.com/youtube/answer/2802244

- Explore YouTube together and see what they like to watch. Make sure your child understands that they can talk to you if they see anything that makes them feel uncomfortable online.
- Restricted mode is an additional setting (when logged in via a Google account) to restrict the availability of mature content.



A guide to the Online Safety Bill - GOV.UK (www.gov.uk)