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Year 3 sleepover: Thursday 21st May 2026

Dear parents, carers,

We are delighted to share further details about our upcoming Year 3 residential sleepover, which will take place at AirHop trampoline park in Westwood Cross, Thanet. This exciting experience promises to be a fun and memorable opportunity for the children to build confidence, strengthen friendships, and enjoy a range of supervised activities in a safe and engaging environment.

The plan for the sleepover event will be as follows:

Time	Activity
5:30pm	Children arrive at Airhop and check in
	Safety Briefing
Evening	Park activities hosted by the AirHop staff
	Pizza feast
	Get changed into nightwear
	Movie
	Set up beds/lights out
Friday morning	Tidy up time/get dressed
	Bounce
	Breakfast
	Leave venue/walk to The Vue
	Movie at the Vue
Friday lunchtime	Minibus back to school
	Lunchtime at school
3pm	End of the school day

Please note that specific timings for each activity are to be determined nearer the time.

Kit List: (please ensure that all items are clearly labelled with your child's full name)

- Sleeping bag/blanket(s)
- Pillow
- If they have a sleeping mat, they can bring one with them
- Night clothes
- Change of underwear
- Socks
- Suitable change of clothes for Friday's activities (Cinema/activities in school)
- Towel
- Wash bag containing, toothpaste, toothbrush and wet wipes
- Suitable footwear

'One Childhood One Chance'

Chilton Primary School, Ramsgate Arts Primary School and Upton Junior School are operated by Viking Academy Trust which is a charitable company limited by guarantee and registered in England and Wales with company number 09449979. The Registered Office is at Chilton Primary School, Chilton Lane, Ramsgate, Kent, CT11 0LQ. Viking Academy Trust is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Please do not bring:

- Electronic games devices, mobiles, iPads or anything else of value
- Money
- Aerosol sprays
- Food (other than an arrangement with the school, due to dietary requirements)

Check in and safety briefing

Upon arrival at the venue, children will be warmly greeted by members of Upton staff and registered to ensure everyone is accounted for. Any medication should be handed directly to the school's designated medical officer, who will safely store and administer it as required.

Children will then be given access to lockers where they can store their belongings; these will be shared between small groups. Once settled, AirHop staff will deliver a comprehensive safety briefing, clearly explaining the rules and expectations for each activity to ensure all children can participate safely and confidently throughout the event.

Park activities

During the two-hour activity session, children will have access to a wide range of exciting on-site attractions, including Main court trampolines, Airstrike, Tumble Track, Inflatables, Airbag, Football Cage, RoboKeeper, Laser Tag arena, and the slides. Please note that there is a height restriction for the slides; children will be measured beforehand to ensure they meet the safety requirements. All attractions will be carefully supervised and operated by designated AirHop staff, who are trained to ensure that activities always run safely and smoothly.

For further details about the attractions and facilities available, please visit: [Attractions - AirHop Adventure & Trampoline Parks](#)

Changing areas

During the sleepover, the existing party rooms on site will be used as designated changing areas and for storing sleeping equipment. There are six rooms in total, and these will be allocated to groups of children according to gender to ensure comfort and privacy. Each room will be clearly signposted so that children can easily identify their allocated space.

To further support privacy, AirHop will provide screens at the entrance to each room while children are getting changed. In addition, toilet facilities will be available and assigned for children's use, offering an alternative option for those who may prefer to change in a cubicle.

For safeguarding purposes, only school staff will have access to the immediate area outside the party rooms during designated changing times, ensuring that all children can change in a safe, secure, and appropriately supervised environment. School staff will oversee this process to ensure it runs smoothly and safely, while being mindful of children's comfort.

Toilet and washing facilities will be available when getting ready in the morning; Upton staff will supervise access to these areas appropriately.

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Mealtimes

Children will be provided with an evening meal during the sleepover, with a choice of two pizza options: margherita or pepperoni. Unlimited squash will be available during mealtimes, and fresh drinking water will be accessible to children throughout the evening to ensure they remain well hydrated.

The following morning, a simple breakfast will be provided, including a selection of cereals, fresh fruit, and oat milk. A further letter will be sent out next term asking you to select your child's preferred pizza option in advance of the event, helping us to ensure that catering arrangements run smoothly on the day.

Movie and Sleeping arrangements

School staff will select an age-appropriate film for the children to enjoy during the evening. A designated sleeping area has been arranged, where children will sleep on the floor space located next to the Football Strike activity area.

Upton school staff will have a separate, designated sleeping area nearby, allowing them to always remain close to the children. Throughout the night, staff will regularly circulate to check on the children and respond promptly to any needs or concerns.

If children need to use the toilets during the night, they will be appropriately supervised to ensure their safety. Clear expectations and routines for nighttime arrangements, including using the toilets and accessing drinks, will be explained to all children before bedtime to help them feel comfortable and secure. Although the main lights will be turned off at bedtime, emergency lighting will remain on throughout the night to clearly illuminate exit routes and ensure the safety of all children.

Safeguarding

During the evening, AirHop duty managers will be on site, based in a separate, designated area, and will maintain regular communication with Upton staff to ensure smooth coordination throughout the event. An on-site First Aider will be available and will liaise directly with the school's assigned medical officer regarding any medical concerns or incidents. AirHop staff have their own separate toilet facilities, distinct from those used by the children.

Throughout the evening, AirHop staff will carry out routine fire walks; however, these will not enter or disturb the area where the children are sleeping. Staff will be based in a private staff room and will be on hand to assist Upton staff if needed. All on-site managers are trained in First Aid.

Fire exits are clearly signposted, and the fire evacuation plan has been shared with the school. Children will also be briefed on emergency procedures prior to bedtime to ensure they are aware of what to do in the unlikely event of an emergency.

For security purposes, the main entrance will be locked immediately after all children have arrived, ensuring that the venue remains secure throughout the duration of the sleepover.

Registers will be taken at regular intervals throughout the evening to ensure all children are accounted for. To provide focused supervision, children will be divided into small groups, each

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with an assigned adult responsible for overseeing the group's safety, well-being, and participation in activities.

Medical and First Aid

Although the venue provides a qualified First Aider on site, the school will have its own designated First Aider who will take overall responsibility for medical care during the visit. This includes the safe storage and administration of medication, maintaining accurate written records of any medication given, and responding promptly to minor injuries or illnesses.

Upon arrival, any medication should be handed directly to the school's assigned First Aider, who will manage and administer it as required. A designated First Aid area will be set up within the venue to ensure prompt and safe care if needed. Further information regarding nighttime medication arrangements will be shared with parents, early next term.

Should a child feel unwell at any point during the evening or overnight, staff will provide reassurance, closely monitor their condition and ensure they are comfortable. If there are any concerns about a child's wellbeing, parents will be contacted promptly to discuss the situation and agree on next steps.

The Vue

We will depart from AirHop at approximately 9am and will follow a safe, supervised walking route to The Vue cinema. The school will liaise with The Vue to select an age-appropriate film, which will be shared with the children in advance.

After the film, we will return to school using the Trust's minibuses. Upon arrival, children will be provided with a grab bag lunch, followed by a fun-filled afternoon of activities back at school.

Airhop Risk Acknowledgement Statement

By giving your child permission to attend, you are confirming that you have read and understood the AirHop Risk Acknowledgment Statement:

Trampolining and related activities in our parks are physically demanding and carry an inherent risk of personal injury, including severe bodily harm. Guests must be in good physical condition before participating. If you have a medical condition or disability that may affect your participation, we recommend consulting a medical professional to confirm that it is safe to participate.

All guests must follow the Safety Briefing Video and Activity Rules provided at the park. Guests are required to engage in activities suitable for their skill level and adhere to any height, weight, and age restrictions specified by the park.

Further information and reminders will be sent out in Term 5, however in the meantime, if you do have any further questions, please don't hesitate to get in touch.

Best wishes,

Mrs B Andrews

Head of Year 3

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