

Isle of Wight 2026



One Childhood, One Chance



Agenda

- Dates
- Staffing
- Accommodation
- What to take
 - Food
 - Medical
 - Activities
 - Questions

Dates

Monday 19th October-
Friday 23rd October

Timings for these dates will be confirmed nearer the time.

Staffing

From School:

Mrs Danson

Miss Scarr

On Site:

Small number of highly trained male and female staff qualified in leading adventurous activities

Accommodation

- *Single sex bedrooms.*
- *All children to bring a sleeping bag and a pillow.*
- *School adults sleeping in same building.*
- *Showers and toilets in same building.*
- *Common room in same building.*
- *Use of outdoor space for evening activities.*
- *Use of canteen area*

What to take

Here's a list of things you'll need to pack - along with a few that aren't essential but could be useful.

Things you need:

- Luggage - please restrict this to one case plus one piece of hand luggage.
(Metal frames rucksacks should be avoided as they are difficult to fit into the coach)
- Freshly laundered Sleeping Bag & Pillow with Pillowcase
- A drink bottle
- Torch
- Rucksack
- Toiletries etc (please note deodorants must be roll-on, no aerosols or glass bottles)
- Old clothes for activity sessions - (long-sleeved shirts/jumpers, trousers / jogging bottoms (Not denim jeans), T-Shirts and closed-toe shoes are required for nearly all sessions so bring plenty). Clothes, shoes and underwear for other times.
- Waterproof clothing (jacket / trousers)
- Large plastic bag for dirty clothes
- Bath towels x 2
- Hat & Gloves
- Sunglasses, sun cream and hat
- Pyjamas and slippers
- Pair of closed toe shoes dedicated for water activities (trainers or wetshoes are fine)

Useful items:

- Books, playing cards and other quiet activities
- Money for snacks (sweets & drinks), souvenirs (i.e postcards). Coins not notes

Useful notes:

- No glass containers
- No jewellery (including piercings), except for stud earrings
- Can bring full body wetsuit with them for watersports activities
- No wellies
- Please name all clothing
- Denim jeans are not ideal for outdoor use

THE FOOD IS CHILD FRIENDLY, PLENTIFUL AND NUTRITIOUS

- Full cooked breakfast
- Substantial lunch
- Excellent cooked dinner
- Always plenty of choice
- Vegetarians, Vegans & special diets catered for



Medical/health

- Medication form explaining dosage etc.
- Medication labelled
- All medical information held in confidence
- Travel sickness tablets for return journey
- All activities fully risk assessed

Daily Routine

General Time Table:

| | | |
|---------------|---|----------------------------------|
| 07.30 | - | Rise & Shine |
| 08.00 | - | Breakfast |
| 09.10 – 10.30 | - | Outdoor Pursuit Session 1 |
| 10.30 – 10.50 | - | Break Time |
| 10.50 – 12.20 | - | Outdoor Pursuit Session 2 |
| 12.20 – 13.40 | - | Lunch Time |
| 13.40 – 15.10 | - | Outdoor Pursuit Session 3 |
| 15.10 – 15.30 | - | Break Time |
| 15.30 – 17.00 | - | Outdoor Pursuit Session 4 |
| 17.00 – 19.00 | - | Evening Meal / Free time |
| 19.00 – 20.30 | - | Outdoor Pursuit Session 5 |
| Bedtime | - | At the discretion of the school |

OUTDOOR PURSUITS AVAILABLE

Giant Swing
Aero Ball
Canoe/Kayak
Town Trail
Bushcraft & Survival
Film Studies
Air Rifles
Volley Ball
Team Games
Archery

Jacobs Ladder
Leap of Faith
Blind Trail
Low Ropes
Tug of War
Grass Sledging
Campfire (evening)
Climbing
Quiz
Manor Olympics
Scavenger Hunt

High Ropes
Fencing
Initiative Exercises
Disco
Evening Walk
Wide Games
Axe Throwing
Via Ferrata
River Tubing
Hill Walk



CHILD PERCEPTION



COURSE BENEFITS FOR EVERY CHILD

Every child benefits enormously from the course, especially children who are not necessarily academic or sporty.

- Education outside the classroom
- Develop an inner confidence
- Personal achievement
- Develop self esteem
- Develop social skills
- Develop team building skills
- Experience new / exciting outdoor pursuits
- Learn respect for others

HEALTH & SAFETY

- Regularly inspected by Health & Safety Executive
- Approved centre status



- Conform to all Governing Body Guidelines
- Each outdoor pursuit Risk Assessed
- 4X4 Rescue vehicle
- Radio linked outdoor pursuits



Questions



Respect, Equality, Courage and Kindness