

Isle of Wight 2026



One Childhood, One Chance



Agenda

- Timings
- Staffing
- Accommodation
- What to take
- Timetable
- Menu
- Medical

Timings

Monday 19th October- 8.30am
drop off at the sports hall and
say goodbye.

Friday 23rd October- Approx
5pm pick up in the school hall.
You will come through the
swimming pool gate and leave
via the front entrance once the
children are inside.

Staffing

From School:

Mrs Danson- Head of year

Miss Scarr- DSL/SLT

Miss Reed

Mrs Sullivan

Mr Noble

Miss Arthur- First aid lead

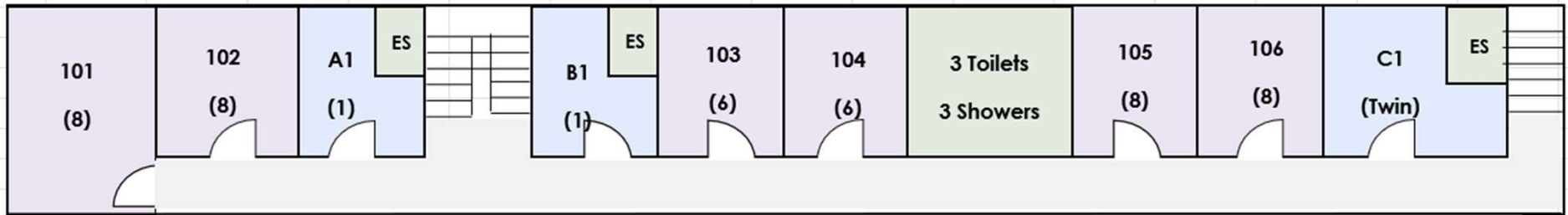
Mr Mccollum

On Site:

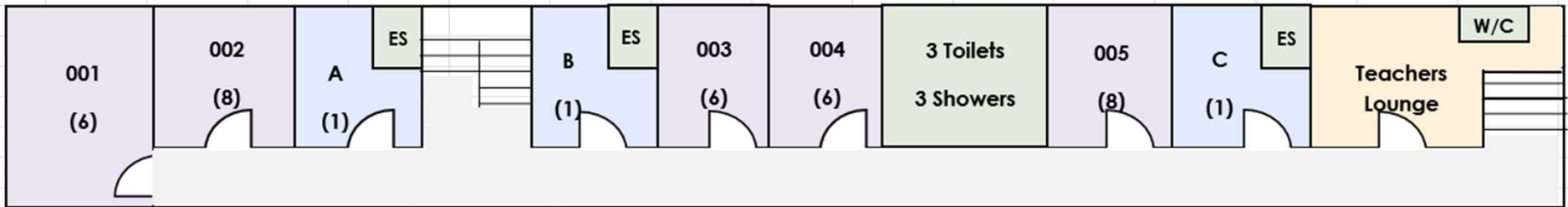
Small number of highly trained male and female staff qualified in leading adventurous activities

Accommodation

First Floor



Ground Floor



Main
Entrance

What to take

Needed:

- Luggage – please restrict this to one case plus one piece of hand luggage.
- Freshly laundered Sleeping Bag & Pillow with Pillowcase
- A drink bottle
- Torch (for evening walk)
- Rucksack for day activities- best to use hand luggage bag
- Toiletries etc (please note deodorants must be roll-on, no aerosols or glass bottles)
- Old clothes for activity sessions – (long-sleeved shirts/jumpers, trousers / jogging bottoms (Not denim jeans), T-Shirts and closed-toe shoes are required for nearly all sessions so bring plenty). Clothes, shoes and underwear for other times.
- Waterproof clothing (jacket / trousers)
- Large plastic bag for dirty clothes
- Bath towels x 2
- Hat & Gloves might be needed
- Sunglasses, sun cream and hat
- Pyjamas and slippers
- Pair of closed toe shoes dedicated for water activities (trainers or wetsuit shoes are fine)

Useful:

- Books, playing cards and other quiet activities
- Money for souvenirs (i.e postcards). Please bring coins not notes.

Useful Information:

- No glass containers
- No jewellery except for stud earrings
- Can bring full body wetsuit with them for watersports activities
- No wellies
- Please name all clothing
- Denim jeans are not ideal for outdoor use

Disposable packed lunch
required for the outward
journey

- Body Boarding
- Kayaking and giant paddle boarding- Long wetsuit (if available) otherwise one will be provided. (NO SHORT WETSUITS) Rash vest/Thin T-Shirt (for under wetsuits) Water Shoes/Old Trainers. Swimming Trunks/shorts. Swimming Costumes. Waterproof Jacket/Trousers (Bad Weather)
- 3G swing
- Aeroball
- Blind trail- Old clothes and safe shoes/trainers. Long trousers and long sleeves (You will get muddy on these sessions, possibly wet as well).
- Buggy building
- Climbing
- Leap of faith
- Movie
- Abseiling
- Balance beam
- Campfire
- Coastal walk- 1 or 2 layers of T-shirts, long sleeved tops and shorts/jogging bottoms. Waterproof jacket and trousers. Walking boots, strong shoes or trainers.
- Disco
- Jacob's ladder
- Quad zipwire
- Volleyball

- All participants tie back long hair whilst on session
- JEANS and JEWELLERY are NOT to be worn for any reason.
- 'Knee' Length Shorts Only

For all other sessions wear sensible clothes and shoes that are suitable for the weather conditions

ACTIVITY SESSION TIMES	
07:30	Rise and shine
8:00	Breakfast *
09.00 – 10.30	Activity Session 1
10.30 – 10.50	Break Time
10.50 – 12.20	Activity Session 2
12.20 – 13.40	Lunch Time*
13.40 – 15.10	Activity Session 3
15.10 – 15.30	Break Time
15.30 – 17.00	Activity Session 4
17.00-19.00	Evening Meal* and Free Time
19.00 – 20.30	Activity Session 5
Bedtime - Decided by Teachers	

Updates via MCAS and social media throughout every day.

Menu

Monday	Cereal Veggie Sausage Bacon, Sausage, Scrambled Eggs Tinned Tomatoes, Baked Beans Hash Browns	Chicken Drumsticks Cornish Pastry Vegan Pastry Chips, Salad Bar	Beef Bolognesi Cheese Alfredo Ratatouille Tomato Pasta Garlic Bread, Broccoli, Salad Bar <i>Cream Éclair</i>
Tuesday	Cereal Veggie Sausage Bacon, Sausage, Scrambled Eggs Tinned Tomatoes, Baked Beans Hash Browns	Chilli BBQ Pulled Pork Veggie Chilli Rice, Jacket Potato, Baked Beans, Salad Bar	Cod Fish Beef Pie Vegan Quorn Fries, Peas, Gravy <i>Brownie</i>
Wednesday	Cereal Veggie Sausage Bacon, Sausage, Scrambled Eggs Tinned Tomatoes, Baked Beans Hash Browns	Chicken Fajita Ham, Tuna Cheese Baguettes, Salad Bar, Soup of the Day, Snack (Crisps, Tunnock)	Beef Lasagna Southern Fried Chicken Vegan Lasagna Wedges, Green Beans, Salad Bar <i>Chocolate Chip Cookie</i>
Thursday	Cereal Veggie Sausage Bacon, Sausage, Scrambled Eggs Tinned Tomatoes, Baked Beans Hash Browns	Beef Burger Chicken Burger Vegan Burger Corn on the Cob, Chips and Salad Bar	Pepperoni Pizza Chicken Kebab Margarita Pizza Chips, Salad Bar <i>Doughnuts</i>
Friday	Cereal Veggie Sausage Bacon, Sausage, Scrambled Eggs Tinned Tomatoes, Baked Beans Hash Browns	Fish Chicken Wings Vegan Nuggets Chips & Salad Bar	Chicken & Leek Pie Sausage in Gravy Vegan Sausage Yorkshire Puddings, Mash, Baby Carrots, Salad Bar <i>Lemon Drizzle Cake</i>

Medical/health

- Medication form explaining dosage etc.
- Medication labelled
- All medical information held in confidence
- Travel sickness tablets for return journey

Questions?

If you think of anything following this meeting, you can contact your child's class teacher or email me on the address below:

Billie.Danson@uptonjunior.com

Respect, Equality, Courage and Kindness