



# UPTON JUNIOR SCHOOL

*Executive Headteacher: Mrs. M Lewis*

*Heads of School: Miss. D Arthur (Lower School) & Mr. D Walker (Upper School)*

*01843 861393*

*Part of The Viking Academy Trust*

## **Suggested Packing List**

All children **must** wear their **Upton sweatshirt/fleece** to school for the journey to and from Swattenden. If your child does not have one, they can be obtained via 'lost property'.

**Please clearly label or mark each item with your child's name**

- ✓ waterproof coat
- ✓ Carrier bags (for dirty clothing)
- ✓ 2 pairs of outdoor shoes (lace up or velcro). Please no wellington boots
- ✓ 1 pair of slippers or plimsolls to be worn indoors
- ✓ enough underclothes
- ✓ jeans or tracksuit bottoms
- ✓ shorts
- ✓ t shirts - these make a good base layer if the weather is chilly!!
- ✓ tops and sweatshirts - hopefully we won't need them!
- ✓ pyjamas/night clothes
- ✓ soap, flannel, roll-on deodorant, toothbrush, toothpaste, towel (no aerosol please)
- ✓ up to £10 spending money
- ✓ Lip balm, suntan lotion
- ✓ water bottle (this can be refilled during the course of the trip)

Skirts are not appropriate. 'Best clothes' are best left at home!

Every item, down to underwear and socks **must be labelled**.

Jewellery, even earrings are best left at home. If they cannot be removed, only studs should be worn. Hair must be tied back away from the face for all activities.