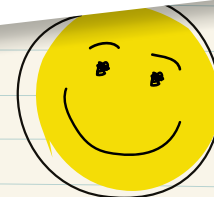


W

HAT'S FOR LUNCH THIS AUTUMN...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/kcc
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.
We hope your child enjoys our new menus.



www.mycaterlink.co.uk/kcc

Please visit the website for current updates



FRESH



HEALTHY



TASTY



DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

Is your child entitled to a free school meal?



Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

If your child has a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.



ONE

TWO

THREE

AVAILABLE
EVERY DAY...4 Sept, 25 Sept, 16 Oct
13 Nov, 4 Dec11 Sept, 2 Oct, 30 Oct
20 Nov, 11 Dec18 Sept, 9 Oct, 6 Nov
27 Nov, 18 Dec

Sausages with Mash & Gravy
Quorn Sausages & Mash with Gravy
 Carrots & Peas
 Pear & Berry Crumble with Custard
 Yoghurt / Fresh Fruit Platter

Chicken Tikka with Rice
Sweet & Sour Vegetables with Noodles
 Cauliflower & Green Beans
 Carrot & Courgette Cake
 Yoghurt / Fresh Fruit Salad

Roast Pork with Roast Potatoes & Gravy
Wholemeal Creamy
Vegetable Pie with Roast
Potatoes & Gravy
 Savoy Cabbage & Swede
 Fruit Jelly & Cream
 Yoghurt / Fresh Fruit Platter

Shepherd's Pie with Gravy
Bean & Vegetable Hot Pot
 Broccoli & Carrots
 Dutch Apple Pie with Custard
 Yoghurt / Fresh Fruit Salad

MSC Fishwich with Chips
Vegetarian Wrap with Chips
 Baked Beans & Garden Peas
 Jam Sponge & Custard
 Yoghurt / Fresh Fruit Chunks



Chicken Enchilada with Potato Wedges
Vegetable Lasagne with Homemade
Garlic Bread
 Coleslaw & Sweetcorn
 Lemon & Mixed Berry Cake
 Yoghurt / Fresh Fruit Platter

Spaghetti Beef Bolognese
Lentil & Basil Puff Pastry
Turnover with New Potatoes
 Broccoli & Carrots
 Eve's Pudding with Custard
 Yoghurt / Fresh Fruit Chunks

Roast Turkey with Roast Potatoes & Gravy
Mixed Bean Cassoulet with
Roast Potatoes & Gravy
 Carrots & Cauliflower
 Fruit Jelly with Cream
 Yoghurt / Fresh Fruit Salad

Chicken Neapolitan Wholemeal Pasta
Lentil & Sweet Potato Curry with Rice
 Roasted Mixed & Vegetables
 Mixed Fruit Crumble with Custard
 Yoghurt / Fresh Fruit Platter

MSC Salmon or White Fish
Fingers with Chips
Cheese & Tomato Quiche with Chips
 Baked Beans & Garden Peas
 Chocolate & Beetroot Brownie
 Yoghurt / Fresh Fruit Chunks



BBQ Chicken Pizza with Jacket Wedges
Cheese & Tomato Wholemeal French
Bread Pizza with Jacket Wedges
 Sweetcorn & Rainbow Vegetable Sticks
 Neapolitan Ice Cream or
 Shortbread Biscuit with
 Yoghurt / Fresh Fruit Salad

Sausage, Onion & Herb Plait
Served with Gravy & Mashed Potatoes
Macaroni Cheese with Garlic Slice
 Green Beans & Glazed Carrots
 Chocolate & Mandarin
 Sponge with Custard
 Yoghurt / Fresh Fruit Platter

Roast Chicken with Stuffing
with Roast Potatoes & Gravy
Vegetable Wellington with Roast Potatoes
& Gravy
 Savoy Cabbage & Sweetcorn
 Rice Pudding with Mixed Berries
 Yoghurt / Fresh Fruit Chunks

Beef Lasagne
Quorn & Vegetable Goulash with Rice
 Broccoli & Mixed Salad
 Apple & Honey Crumble with Custard
 Yoghurt / Fresh Fruit Salad

MSC Breaded or Battered
Fish with Chips
Homemade Bean & Vegetable Burger
in a Bun with Chips
 Garden Peas & Baked Beans
 Pear & Raisin Upside Down Cake
 Yoghurt / Fresh Fruit Platter

**Jacket Potatoes**

freshly cooked daily where
 advertised with a choice of fillings

Bread

freshly baked on site daily

Daily salad selection

there will be a selection of salad
 items available daily

Fresh Fruit & Yoghurt

available daily

**WE USE LOCALLY
 SOURCED INGREDIENTS
 WHEN AVAILABLE
 AND IN SEASON**

All our menus are
 nutritionally analysed to
 ensure they meet and in
 most cases exceed
The School Food Standards

We hope your child enjoys
 our new menus.

Menus could be subject to
 local change, please check
 your child's school for any
 bespoke changes.



Vegetarian option



Oily fish



Marine Stewardship
 Council details
 Web: www.msc.org
 Chain of Custody
 Registration Code
 MSC-C-54995

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY