

# UPTON JUNIOR SCHOOL

Executive Headteacher: Mrs. M Lewis  
Head of School: Miss. D Arthur  
Email: [headofschool@uptonjunior.com](mailto:headofschool@uptonjunior.com)  
Tel: 01843 861393



Part of The Viking Academy Trust

21<sup>st</sup> June 2018

Dear Parents and Carers,

On **Thursday 28<sup>th</sup> June**, we are running our first ever '**Upton Colour Run**' on the school field, starting at 1.45pm. It should be a memorable event!

As this is an event that wouldn't normally take part in a typical school day, we require your permission for your child to take part. Please complete and return the permission slip below as soon as possible, **otherwise your child cannot take part.**

If you've ever been part of a colour run before then you will know that typically it costs £15-20 per person to take part. Thanks to the generosity of our parents and sponsors, we have been able to get costs down to just **£3 per Upton child**. For that amount, your child can take part in the event **and also receive a colour run medal and event t-shirt**. Some parents have even sponsored the medals for their child's class (£32). If you would like to do this please contact the school office ASAP.

As parents (or grandparents), **we invite you and any younger siblings to take part on the day** for a cost of £2 each and, although we can only provide medals and t-shirts for our Upton pupils, you will still be able to take part in a great event. Alternatively, you can just come and watch!

**Powder Pouches for Sale:** While the organisers throw colour powder at the runners as they pass through the colour stations, children can buy a small pouch of the powder to throw themselves. The pouches costs £2 and we are limiting this to one pouch per child, to give everyone in the school the chance to purchase one. If we have any spares after orders have been fulfilled, we will sell them on the day.

Any money raised from the event will go to Macmillan Cancer Support.

On the reverse of this letter are key details you need to read before you complete and return the permission form.

Mr D. Walker

Deputy Headteacher

Upton Junior School, Broadstairs

The Upton Colour Run 2018

I give my permission for my child .....in class .....to take part in the Upton Colour Run.

I confirm that I have read and understand the information above and overleaf.

I have paid for my child's place and any additional runners or powder pouches on School Money

Signed .....Parent/Guardian Print Name .....

Date .....

Relevant Medical Information .....

# UPTON JUNIOR SCHOOL

Executive Headteacher: Mrs. M Lewis  
Head of School: Miss. D Arthur  
Email: [headofschool@uptonjunior.com](mailto:headofschool@uptonjunior.com)  
Tel: 01843 861393



Part of The Viking Academy Trust

## FAQ's

### What's this Colour Run all about?

It's just one of the many ways we try to make school fun and memorable, involve parents and raise money for charity - in this case for Macmillan Cancer Support.

### What happens in a Colour Run?

Children run around the field with their friends and coloured powder is thrown at them as they pass through checkpoints. The aim is to become as colourful as possible!

### What do children need in order to take part?

On the 28<sup>th</sup> June, children need to arrive in normal school clothes; learning will take place in the morning while the Colour Run is being set up.

### Each runner needs:

- **A signed parental permission slip and entry fee**
- Something sensible to run in, usually shorts and a t-shirt. The school are providing t-shirts for runners
- A pair of sunglasses/goggles to protect eyes
- A bandana or similar to protect the mouth when passing through a colour station
- A towel
- A bottle of water and a cap/sunhat for sun protection
- Any required medical items

### Optional:

Please accessorise as much as you like - it's meant to be a colourful event! Tutus, coloured wigs, head-bands, wrist-bands, colourful socks etc are all very popular with colour runners.

**The colour run starts at 1.45pm and will end at 3.15pm.** Children will need to be collected from the field. There will be **no Upton run after school sports clubs** on this date but **Elite Football, gymnastics, String Group and the Upton Ship After School Club will run as normal.** Children attending these clubs will need to change back into their school uniform, or a clean set of clothes/PE kit before attending, as appropriate.

### Does the colour powder stain?

Heavily soiled areas of powder may stain clothing. Please consider how you will get your child home that day so the colour doesn't rub off on your car seats. A change of clothes could be a good idea, or perhaps towels to cover seats.

### What happens if the powder goes in my eyes or mouth or on my skin?

The colour powder is non-flammable and non-toxic. It is made from corn starch and natural dyes. As with any substance, you should keep it out of your eyes and mouth as much as possible, which is why we ask participants to bring sunglasses or goggles and a bandana as protection when running through the colour station. Under normal Colour Run usage, the powder does not cause a negative effect in humans and conforms to article 10 of regulation (EC) no. 1223/2009. For any further information please contact our Health and Safety lead, Mr Denny.

In the unlikely circumstance that either you or your child experience any negative side effects please ensure you seek medical advice.

### What if my child doesn't want to take part in the event?

If this is the case, your class teacher will liaise with you closer to the time in terms of whether or not you want your child to be involved in the event in some other capacity.