

**YEAR 4**  
**RESIDENTIAL**  
**TRIP**

**CREED OUTDOOR LEARNING**

# WELCOME

## Year 4 Residential Trip

- Children will be split into 2 Groups
- Group 1 will depart Upton at 8:45am on Wednesday 22<sup>nd</sup> May and return approximately 3pm on Thursday 23<sup>rd</sup> May.
- Group 2 will depart Upton at 8:45am on Thursday 23<sup>rd</sup> May and return approximately 3pm on Friday 24<sup>th</sup> May



Outdoor Educational and Adventurous Activities, school team building, problem solving, interventions and personal development, with fun thrown in for FREE

# CREED ETHOS

- **Challenge:** we activities will challenge our participants physically and mentally.
- **React:** we allow them to react to the challenge and take part in the activities.
- **Explore:** they explore options available to them to complete the challenge.
- **Experience:** we look at what they have learnt from taking part in the challenge.
- **Develop:** our activities develop people's bodies, minds and futures



Outdoor Educational and Adventurous  
Activities, school team building, problem  
solving, interventions and personal  
development, with fun thrown in for FREE

- Activities can include Abseil, Archery, soft archery (for younger students) Archery Tag (for the more physical), Blindline, Bouldering, Climbing, Environmental activities, Low ropes, Orienteering, Pedal go-karts, Physical ability course (assault course), Problem solving, Survival skills, Team building, Working with tools.

## **CREED OUTDOOR LEARNING**

Outdoor Educational and Adventurous Activities, school team building, problem solving, interventions and personal development, with fun thrown in for Free!



## INSPIRED LEARNING

**Enhancing an education:** There is no better way to educate you than by engaging, inspiring and exciting your minds.

**Skills to succeed in life:** At Creed the focus is on the personal development of every child teaching important life-skills, challenging ideas and building confidence and self-belief.

**An unforgettable experience:** Time spent at Creed can prove a truly life-changing experience for all of you!



# POTENTIAL PROGRAMMES

WHAT A TYPICAL PROGRAMME LOOKS  
LIKE

# IT'S ALL IN A DAY: GROUP 1

10 am – 12:15	Group arrive, welcome talk/ orientation walk, settle into tents etc
12:15 – 13:00	GROUP EAT THEIR OWN PACKED LUNCH
13:00 – 14:30 Activity session 1	4 groups rotating activities Survival skills Archery climbing blind-line
14:30 - 15:00	Break
15:00 – 16:30 Activity session 2	4 groups rotating activities Survival skills Archery climbing blind-line
16:30 – 17:30	FREE TIME
17:30 – 18:30	Evening meal = choice Spaghetti Bolognese, Chicken curry, Both choices available as veggie option pudding ice cream and fruit salad - fruit
19:15 – 21:00	Evening games Back to base Stealth (in the woods) Camp fire (if wanted)
21:00 – 21:30	Getting ready for bed

7:30 – 8:30	Breakfast Selection of cereal plus toast and selection of toppings
09:00 – 10:30 Activity session 3	4 groups rotating activities Survival skills Archery climbing blind-line
10:30 – 12:00 Activity session 4	4 groups rotating activities Survival skills Archery climbing blind-line
12:00 – 13:00	Packed lunch supplied by Creed Two filled rolls of choice, crisps, chocolate bar and fruit
13:30 – 14:00	Depart on coach back to school

# IT'S ALL IN A DAY: GROUP 2

10 am – 12:15	Group arrive, welcome talk/ orientation walk, settle into tents etc
12:15 – 13:00	GROUP EAT THEIR OWN PACKED LUNCH
13:00 – 14:30 Activity session 1	4 groups rotating activities Survival skills Archery climbing blind-line
14:30 - 15:00	Break
15:00 – 16:30 Activity session 2	4 groups rotating activities Survival skills Archery climbing blind-line
16:30 – 17:30	FREE TIME
17:30 – 18:30	Evening meal = choice Spaghetti Bolognese, Chicken curry, Both choices available as veggie option pudding ice cream and fruit salad - fruit
19:15 – 21:00	Evening games Back to base Stealth (in the woods) Camp fire (if wanted)
21:00 – 21:30	Getting ready for bed

7:30 – 8:30	Breakfast = Selection of cereal plus toast and selection of toppings
09:00 – 10:30 Activity session 3	4 groups rotating activities Survival skills Archery climbing blind-line
10:30 – 12:00 Activity session 4	4 groups rotating activities Survival skills Archery climbing blind-line
12:00 – 13:00	Packed lunch supplied by Creed Two filled rolls of choice, crisps, chocolate bar and fruit
13:30 – 14:00	Depart on coach back to school



Letter with tear off slip to be completed and sent  
back in to the School Office,  
Deposit of £10 due no later than  
**8<sup>th</sup> February 2018**  
Exact cost TBC, around £62.

Balance to be paid by **23<sup>rd</sup> April 2019**

You may pay in instalments if you wish. These should  
be paid online via School Money.

If you have any questions in the meantime, please do not hesitate to contact Mrs Ballen