

# What's for lunch this Spring...

**caterlink**  
feeding the imagination



**Caterlink is an award winning food service provider, catering for primary schools.**

We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage.

We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food Free Range Eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it!

JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.



FRESH  
+  
HEALTHY  
=  
TASTY

## keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: [www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)  
email: [info@caterlinkltd.co.uk](mailto:info@caterlinkltd.co.uk)  
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The Children's Food Trust's Nutrient Standards**. We hope your child enjoys our new menus.

[www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)

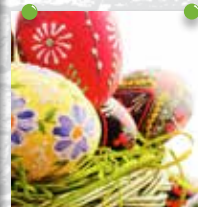
Please visit the website for current updates.



## Are you claiming your free school meal?

If you are in receipt of certain benefits, your child may be eligible for free school meals. Please contact the school reception for an application form.

**THEME DAYS**  
available this term



**EASTER**



In Partnership with:



Although **Caterlink** makes every endeavour to eliminate the use of nuts in our food production we cannot guarantee a 100% nut free menu.



# Menu

monday

tuesday


wednesday


thursday


friday


## one

6th Jan, 27th Jan, 24th Feb, 17th Mar

**Sausage** with creamy mashed potato  
**Vegetarian sausage**   
 with creamy mashed potato  
**Peas & baked beans**  
**Chocolate sponge**  
 with chocolate sauce

**Beef pasta bolognese**  
 with garlic bread  
**Mediterranean pasta bake**   
**Green beans & sweetcorn**  
**Fruit smoothie**  
 with a homemade shortbread biscuit



**Roast gammon**  
 with roast potatoes & gravy  
**Vegetable & leek pie**   
 with roast potatoes  
**Cabbage & carrots**  
**Fruit trifle**

**Homemade meatballs**  
 in tomato sauce with rice  
**Vegetable, spinach & lentil curry**   
 with rice  
**Broccoli & cauliflower**  
**Lemon drizzle sponge**  
 with custard

**Fish fingers**   
 with chipped potatoes & tomato sauce  
**Homemade vegetable burger**   
 with chipped potatoes  
**Baked beans & peas**  
**Cheese & biscuits**


## two


13th Jan, 3rd Feb, 3rd Mar, 24th Mar

**Fisherman's pie**   
**Macaroni cheese**   
**Steamed mixed vegetables**  
**Oaty fruit crumble**  
 with custard

**Chicken & vegetable hot pot**  
**Chunky vegetable hot pot**   
**Carrots & green beans**  
**Iced sponge**  
 with sprinkles


**Roast pork**  
 with roast potatoes  
**Vegetable quiche**   
 with roast potatoes  
**Cauliflower & broccoli**  
**Sultana & apple flapjack**  
 with custard

**Cottage pie**  
**Vegetarian shepherd's pie**   
**Cabbage & sweetcorn**  
**Chocolate & banana muffin**  
 with custard

**Breaded fish**   
 with chipped potatoes & tomato sauce  
**Homemade vegetable pasty**   
 with chipped potatoes  
**Peas & baked beans**  
**Fruit smoothie**  
 with a homemade shortbread biscuit


## three

20th Jan, 10th Feb, 10th Mar, 31st Mar

**Cheese & ham pizza**  
 with jacket wedges  
**Vegetarian pizza**   
 with jacket wedges  
**Sweetcorn & coleslaw**  
**Carrot & courgette cake** with custard

**Pasta carbonara**  
 with tomato & herb bread  
**Vegetarian bolognese**   
 with tomato & herb bread  
**Mixed seasonal vegetables**  
**Cheese & biscuits**  
 with apple slices & grapes

**Roast turkey**  
 with roast potatoes & gravy  
**Homemade creamy vegetable pie**   
 with roasted potatoes  
**Green beans & carrots**  
**Fruit strudel**  
 with custard

**Beef lasagne** with garlic bread  
**Vegetable lasagne**   
 with garlic bread  
**Cauliflower & broccoli**  
**Pineapple upside down pudding**  
 with custard

**Breaded fish**   
 with chipped potatoes & tomato sauce  
**Vegetable wraps**   
 with chipped potatoes  
**Baked beans & peas**  
**Fruit jelly and ice-cream**

available every day

**Jacket potatoes**  
 freshly cooked daily where  
 advertised with a choice  
 of fillings

**Bread**  
 freshly baked cooked on site daily

**Daily salad selection**  
 there will be a selection of salad  
 items available daily

**Fresh fruit & Yoghurt**  
 will be available daily

**Custard**  
 served as an accompaniment  
 to all hot desserts

We use locally  
 sourced ingredients  
 when available  
 and in season.

All menus may be  
 subject to local change,  
 please check with your child's  
 school for any bespoke  
 changes and for the dates  
 of our theme lunches.

 Vegetarian option

 Oily fish

 Marine Stewardship  
 Council details  
 Web: [www.msc.org](http://www.msc.org)  
 Chain of Custody  
 Registration Code  
 MML - C 1009