



# HAT'S FOR LUNCH THIS AUTUMN...

**caterlink**  
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

## keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: [www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)  
email: [info@caterlinktd.co.uk](mailto:info@caterlinktd.co.uk)  
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**. We hope your child enjoys our new menus.

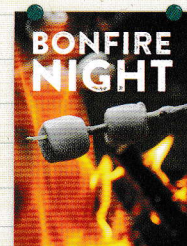
[www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)

Please visit the website for current updates

In Partnership with:



## DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

### Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day. Speak to your school to find out how to register. Also, if you are in receipt of certain benefits your child may also be eligible for a free school meal.

If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

FRESH  
+  
HEALTHY  
=  
TASTY



## ONE

1st Sep, 22nd Sep, 13th Oct,  
10th Nov, 1st Dec

**Pork Sausages with Gravy**  
**Vegetarian Sausages with Gravy**  
**Mashed Potato**  
Peas & Sweetcorn  
**Chocolate & Beetroot Brownie**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Beef Bolognese**  
**Vegetable Cannelloni**

Seasonal Mixed Vegetables  
**Apple Strudel with Custard**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Roast Chicken with Stuffing**  
**Vegetable Wrap**  
**Roast Potatoes**  
Cauliflower & Carrots  
**Fruity Shortbread**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Turkey Stir Fry**  
**Quorn & Vegetable Stir Fry**  
**Savoury Rice**  
Roasted Vegetables  
**Feather Iced Marble Sponge**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Fish Fingers**  
**Cheese and Pepper Whirl**  
**Chipped Potatoes**  
Baked Beans & Peas  
**Fruit Jelly**  
**Fruit Yoghurt / Fresh Fruit Platter**

## TWO

8th Sep, 29th Sep, 20th Oct,  
17th Nov, 8th Dec

**Homemade Ham and Cheese Pizza**  
**French Bread Cheese & Tomato Pizza**  
**Jacket Wedges**  
Peas & Corn  
**Chocolate and Mandarin Sponge with Custard**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Beef Lasagne**  
**Spinach & Tomato Quiche**

Stir Fried Vegetables  
**Rice Pudding with Mixed Berry Sauce**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Roast Pork Loin**  
**Butter Bean & Cauliflower Cheese**  
**Roast Potatoes**  
Cabbage & Carrots  
**Fruit Smoothie with a Mini Shortbread Biscuit**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Chicken & Leek Pie (puff pastry)**  
**Shepherdess Pie**  
**Creamed Potato**  
Broccoli & Swede  
**Apple Flapjack with Custard**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Breaded Fish**  
**Bean and Lentil Burgers**  
**Chipped Potatoes**  
Peas & Baked Beans  
**Toffee Crispy**  
**Fruit Yoghurt / Fresh Fruit Platter**

## THREE

15th Sep, 6th Oct, 3rd Nov,  
24th Nov, 15th Dec

**Tuna and Salmon Bake**  
**Macaroni Cheese**  
Green Beans & Tomatoes  
**Carrot & Sultana Cake**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Shepherds Pie**  
**Vegetable Wellington**  
**Creamed Potatoes**  
Peas & Carrots  
**Homemade Iced Buns**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Roast Turkey**  
**Potato and Courgette Layer Bake**  
**Roasted New Potatoes**  
Swede & Cauliflower  
**Fruit Trifle**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Chicken Korma**  
**Vegetable Goulash**  
**Savoury Rice**  
Broccoli & Sweetcorn  
**Sticky Toffee Apple Crumble with Custard**  
**Fruit Yoghurt / Fresh Fruit Platter**

**Fish Fingers**  
**Cheese & Tomato Quiche**  
**Chipped Potatoes**  
Peas & Baked Beans  
**Chocolate & Banana Muffin**  
**Fruit Yoghurt / Fresh Fruit Platter**

## AVAILABLE EVERY DAY...

**Bread**  
freshly baked on site daily  
**Daily salad selection**  
there will be a selection of salad items available daily  
**Custard**  
served as an accompaniment to all hot desserts

**WE USE LOCALLY  
SOURCED INGREDIENTS  
WHEN AVAILABLE  
AND IN SEASON**

If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. We hope your child enjoys our new menus.

menus could be subject to local change, please check your child's school for any bespoke changes



Vegetarian option



Oily fish



Marine Stewardship Council details  
Web: [www.msc.org](http://www.msc.org)  
Chain of Custody  
Registration Code  
MML - C 1009

MONDAY  
TUESDAY  
WEDNESDAY  
THURSDAY  
FRIDAY