

# WHAT'S FOR LUNCH THIS SPRING...



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

## keep in touch

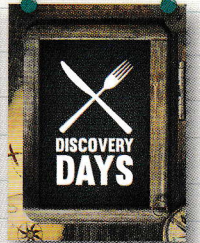
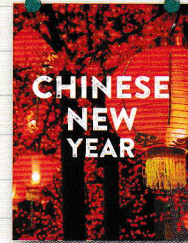
Your comments are important to us and we value your feedback. Visit our informative web link: [www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)  
email: [info@caterlinkltd.co.uk](mailto:info@caterlinkltd.co.uk)  
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**. We hope your child enjoys our new menus.

[www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)

Please visit the website for current updates

## DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

### Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

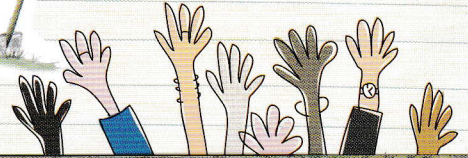
In Partnership with:



If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

FRESH  
+  
HEALTHY  
=  
TASTY



## ONE

5th Jan, 26th Jan,  
23rd Feb, 16th Mar

Salmon & Sweetcorn Pizza with Potato Wedges  
Cheese & Tomato Pizza with Potato Wedges  
Sweetcorn  
Side Salad

Apple Crumble with Custard

Beef Goulash Served with Rice  
Vegetable Pasta Bake Served with a Tomato & Herb Bread  
Broccoli Florets  
Carrots

Lemon Drizzle Cake

Roast Chicken & Stuffing with Roast Potatoes & Gravy  
Homemade Wholemeal Vegetable Pasty  
Cabbage  
Swede

Fruit Jelly & Ice Cream

Shepherds Pie with Gravy  
Bean & Vegetable Hotpot  
Green Beans  
Cauliflower

Pineapple Upside Down Cake with Custard

Fish Fingers Served with Chipped Potatoes & Tomato Sauce  
Veggie Hot Dog Served with Chipped Potatoes  
Baked Beans  
Garden Peas

Iced Sponge

## TWO

12th Jan, 2nd Feb,  
2nd Mar, 23rd Mar

Sausages with Creamed Potatoes & Gravy  
Shepherdess Pie with Mashed Potatoes  
Garden Peas  
Carrots

Chocolate & Banana Sponge with Chocolate Sauce

Bolognese Pasta Bake with Garlic Bread  
Vegetable & Pasta Medley with Garlic Bread  
Sweetcorn  
Mixed Salad

Fruit Crumble with Custard

Roast Turkey with Roast Potatoes & Gravy  
Vegetable Cobbler with Roast Potatoes  
Cauliflower  
Crushed Swede

Carrot & Courgette Cake

Beef & Vegetable Hotpot with Savoury Rice  
Cheese & Tomato Quiche with Baby New Potatoes  
Broccoli  
Sweetcorn

Fruit Flapjack with Custard

Battered Fish Served with Chipped Potatoes & Tomato Sauce  
Bean Burger Served with Chipped Potatoes  
Baked Beans  
Garden Peas

Cherry & Apple Pie with Custard

## THREE

19th Jan, 9th Feb,  
9th Mar, 30th Mar

Pasta Carbonara with Penne Pasta & Tomato Bread  
Macaroni Cheese with Tomato Bread  
Carrots  
Sweetcorn

Yoghurt & Raisin Cake

Chicken & Sweetcorn Pie with Gravy & New Potatoes  
Vegetarian Toad in the Hole Served with New Potatoes  
Cauliflower  
Broccoli

Eve's Pudding with Custard

Roast Pork with Roast Potatoes & Gravy  
Vegetarian Wellington with Roast Potatoes  
Shredded Cabbage  
Carrots

Peach Crumble with Custard

Traditional Beef Lasagne with Garlic Slice  
Vegetable Goulash Served with Rice  
Roasted Vegetable Medley

Syrup Sponge with Custard

Fish Fingers with Chipped Potatoes & Tomato Sauce  
Vegetable Fajitas Served with Chipped Potatoes  
Baked Beans  
Garden Peas

Chocolate & Beetroot Brownie

## AVAILABLE EVERY DAY...

**Jacket Potatoes**  
freshly cooked daily where advertised with a choice of fillings

**Bread**  
freshly baked on site daily

**Daily salad selection**  
there will be a selection of salad items available daily

**Fresh Fruit & Yoghurt**  
available daily

**WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON**

If you or your child have a food allergy or intolerance, please ask a member of our catering team for information.

We hope your child enjoys our new menus.

Menus will be subject to local change, please check your child's school for any bespoke changes.

Vegetarian option

Oily fish

Marine Stewardship Council details  
Web: [www.msc.org](http://www.msc.org)  
Chain of Custody Registration Code  
MMIL - C 1009

MONDAY  
TUESDAY  
WEDNESDAY  
THURSDAY  
FRIDAY