



# UPTON JUNIOR SCHOOL

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# Egyptian Dress Up Ideas

Event Date: Friday 30<sup>th</sup> January

We really don't want you to spend any money on this special day so we have listed some ideas below to help you.

## Would you like to be creative?

An Egyptian costume is a simple costume to make for children that is inexpensive and takes very little time. The key to making this costume look authentic is in the details. If you add enough details, the costume will look much more realistic than if you keep the cuff and collar designs simple. This project should take about two hours to complete.

## Materials you could use:

- Coloured fabric - old off-cuts or old clothing you may have
- Papier mache for any masks or head pieces you'd like to create
- Fabric paint
- Measuring tape
- White fabric, about 2 metres (2 yards) such as an old bed sheet or old table cloth
- Scissors
- Velcro
- Gold rope or gold fabric
- Cardstock
- 3D paint
- Gold spray paint
- Clear tape
- Egyptian wig

## Mummy Costume

A mummy is an easy costume with an ancient Egyptian flavour. Start off with an inexpensive set of loose clothes such as jogging bottoms and a sweatshirt. Tear an old white sheet into strips and soak it in cola or tea to give it an aged look, then hang the strips to dry or put them in a clothes dryer. Hot glue the strips to the clothes in a loose wrap, taking care not to accidentally glue the trousers or shirt to itself. Keep adding strips until the shirt and trousers are completely wrapped in the fabric. For the head, hot glue more strips to a skeleton mask that you may have used at Halloween to create a completely wrapped mummy headpiece.



## Cleopatra

If you want an Egyptian costume but don't want to have to spend all night wrapped in bulky mummy wrappings or heavy papier-mache, Cleopatra is an easy option. Wrap a white sheet around you to form



a toga. Fasten it with safety pins, and wrap a colourful sash around your waist. Put on Egyptian-style eye make-up, fake gold necklaces, bracelets and arm bands and leather sandals to complete the costume. If you have no fake gold jewellery, take beads, cheap one-piece bracelets and other costume jewellery and paint it with gold paint.

### **Egyptian God**

The Egyptians worshipped a number of different gods, many of which had animal heads, interesting crowns and other distinctive features. Use costume jewellery and papier-mache to dress up as your favourite Egyptian god or goddess. For example, to make a costume of Isis, the mother goddess and goddess of magic, create a crown with two horns with a golden disk between them. Cut the brim off a baseball cap, or find a brimless hat or helmet. Bend a coat hanger into a "U" shape, and attach it to the hat, facing upwards like horns. Put a layer of papier-mache over the hat, and cover the wire with it to make horns. Wait for the horns to dry and paint them black. Wrap a small frisbee, film canister or other disk-shaped object in gold-coloured foil and mount it between the horns. Wear a white gown, a beaded necklace and heavy black eye make-up to finish the costume.



### **Places to buy accessories or the full costume:**

If time is pressured for you, you may wish to buy something from a fancy dress shop, here are some ideas of where you can buy:

#### **On the High Street:**

- Expressions of Broadstairs, 65/67 High Street, Broadstairs, Kent, CT10 1JL
- The Joke Shop, 9 High Street, Margate, Kent, CT9 1DL
- The Big Party Store, 1a Newington Road, Ramsgate, Kent, CT11 0QT

#### **Online:**

- A2Z Kids** - an online store which specialises in school dress up days: <http://www.a2z-kids.co.uk/egyptian-t320>
- Amazon** - [http://www.amazon.co.uk/s/?ie=UTF8&keywords=egyptian+costume&tag=mh0a9-21&index=aps&hvadid=2978988406&ref=pd\\_sl\\_1x5s2qms3t\\_b](http://www.amazon.co.uk/s/?ie=UTF8&keywords=egyptian+costume&tag=mh0a9-21&index=aps&hvadid=2978988406&ref=pd_sl_1x5s2qms3t_b)
- Party Delights** - <http://www.partydelights.co.uk/childrens-fancy-dress/childrens-egyptian-fancy-dress.asp>

**We hope you've found this guide helpful.  
If you would like any further advice please contact your  
child's class teacher.**