

# W

# HAT'S FOR LUNCH THIS SPRING...

**caterlink**  
feeding the imagination



**Caterlink is an award winning food service provider catering for primary schools.**



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

## keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: [www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)  
email: [info@caterlinkltd.co.uk](mailto:info@caterlinkltd.co.uk)  
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.  
We hope your child enjoys our new menus.



[www.mycaterlink.co.uk/kcc](http://www.mycaterlink.co.uk/kcc)

Please visit the website for current updates



In Partnership with:



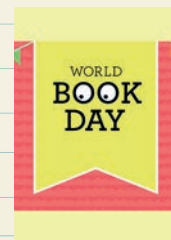
If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

FRESH  
+  
HEALTHY  
=  
TASTY



## DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

### Is your child entitled to a free school meal?

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.



# ONE

4th Jan, 25th Jan, 22nd Feb,  
14th March

## Ham & Mushroom Pizza & Potato Wedges Cheese & Tomato Pizza & Potato Wedges

Sweetcorn & Mixed Peppers  
Mixed Side Salad

Apple Crumble with Custard  
Yoghurt / Fresh Fruit Platter

## Bolognese Bake with Garlic & Herb Bread Sweet & Sour Vegetables with Rice

Broccoli Florets & Carrots

Lemon Drizzle Cake  
Yoghurt / Fresh Fruit Platter

## Roast Chicken with Baby New Potatoes & Gravy Wholemeal Vegetable Pasty

Cabbage & Cauliflower

Fruit Jelly & Ice Cream  
Yoghurt / Fresh Fruit Platter

## Traditional Shepherd's Pie Bean & Vegetable Hotpot

Green Beans & Swede

Pineapple Upside Down Cake  
with Custard  
Yoghurt / Fresh Fruit Platter

## White Fish or Salmon Fish Fingers with Chipped Potatoes & Tomato Sauce

Vegetarian Hot Dog  
with Chipped Potatoes

Baked Beans & Garden Peas  
or Grilled Tomato

Feathered Iced Sponge  
Yoghurt / Fresh Fruit Platter

# TWO

11th Jan, 1st Feb, 29th Feb,  
21st March

## Sausages with Creamed Potatoes & Gravy Shepherdess Pie with Mashed Potato

Garden Peas & Carrots

Chocolate & Peach Sponge  
with Chocolate Sauce  
Yoghurt / Fresh Fruit Platter

## Mild Chili Con Carne with Rice Vegetable Fajitas served with Vegetable Rice

Sweetcorn & Mixed Salad

Fruit Oaty Crumble with Custard  
Yoghurt / Fresh Fruit Platter

## Roast Turkey with Roast Potatoes & Gravy Vegetarian Wellington with Roast Potatoes

Cauliflower & Crushed Swede

Fruit Smoothie  
Yoghurt / Fresh Fruit Platter

## Beef & Vegetable Hotpot Macaroni Cheese

Broccoli & Sweetcorn

Wholemeal Banana Sponge with Custard  
Yoghurt / Fresh Fruit Platter

## Battered Fish with Chipped Potatoes & Tomato Sauce Bean Burger with Chipped Potatoes

Baked Beans & Garden Peas  
or Grilled Tomato

Homemade Carrot & Courgette Cake  
Yoghurt / Fresh Fruit Platter

# THREE

18th Jan, 8th Feb, 7th March,  
28th March

## Pasta Carbonara with Penne Pasta Wholemeal Spinach & Tomato Quiche with Side Salad

Carrots & Sweetcorn

Homemade Yoghurt & Raisin Cake  
Yoghurt / Fresh Fruit Platter

## Chicken & Vegetable Pie with Gravy & New Potatoes Vegetarian Toad in the Hole

Cauliflower & Broccoli

Eve's Pudding with Custard  
Yoghurt / Fresh Fruit Platter

## Roast Pork Loin with Roast Potatoes & Gravy Vegetable Goulash with Roast Potatoes

Shredded Cabbage & Carrots

Seasonal Fruit Crumble with Custard  
Yoghurt / Fresh Fruit Platter

## Traditional Beef Lasagne with Garlic Slice Chickpea & Sweet Potato Curry with Rice

Roasted Vegetable Medley

Side Salad

Sticky Syrup Sponge with Custard  
Yoghurt / Fresh Fruit Platter

## White Fish Fingers with Chipped Potatoes & Tomato Sauce Cheese & Tomato Frittata with Chipped Potatoes

Baked Beans & Garden Peas  
or Grilled Tomato

Homemade Chocolate  
& Beetroot Brownie  
Yoghurt / Fresh Fruit Platter

AVAILABLE  
EVERY DAY...

### Jacket Potatoes

freshly cooked daily where  
advertised with a choice of fillings

### Bread

freshly baked on site daily

### Daily salad selection

there will be a selection of salad  
items available daily

### Fresh Fruit & Yoghurt

available daily

WE USE LOCALLY  
SOURCED INGREDIENTS  
WHEN AVAILABLE  
AND IN SEASON

All our menus are  
nutritionally analysed to  
ensure they meet and in  
most cases exceed  
The School Food Standards

We hope your child enjoys  
our new menus.

Menus could be subject to  
local change, please check  
your child's school for any  
bespoke changes.

**V** Vegetarian option

 Oily fish



Marine Stewardship  
Council details  
Web: [www.msc.org](http://www.msc.org)  
Chain of Custody  
Registration Code  
MML - C 1009

MONDAY  
TUESDAY  
WEDNESDAY  
THURSDAY  
FRIDAY