



UPTON JUNIOR SCHOOL

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12th September 2016

Upton Cross-Country Team ***(Open to all - please get involved!)***



Dear Parents / Carers,

One of the most popular sports events in the school year open to all children is the Thanet Primary Schools Cross-Country. This event takes place just twice a year and attracts close to 1000 children on each occasion. **Our main focus is always on getting as many children involved from the school as possible, regardless of how good they are at running, to involve them in sport and in a school team.** The first event of the year **takes place at Quex Park on Saturday 8th October 2016.** At the last event in February we had 265 Upton children entered- more than four times the entry of any other school.

The race itself is not long: 1km for year 3 & 4; 1.5 km for years 5 & 6, and runners will finish in under 10 mins. There are separate races for boys and girls in each year group. There is a fantastic feeling of accomplishment for children when they finish the race, regardless of position, and the event is always really exciting to watch with parents and schools cheering on their children. All runners receive a medal just for taking part.



The Cross-Country Race takes place at Quex Park on the morning of Saturday 8th October (see attached sheet for times) but entries must be in by 22nd September. I appreciate that pupils may have other clubs or sports events on a Saturday morning, but all charter-standard or quality kite-marked clubs will make the effort to switch kick off times, training times, etc, to support children competing for their school -especially as this is a one-off event - as long as they know in advance.

To enter the event (and claim a free sports team t-shirt for first time runners) parents need to:

- 1) Return the attached form with the £2 entry fee in a clearly marked and sealed envelope before the **closing date of 22nd September** (the sooner the better).

A race entry form is attached to this letter and we will send out a second letter with more details to those entered closer to the time. I hope to see you there.

Best Wishes

Mr Walker

Head of School

Entry Closes: 22nd September 2016

Event takes place: 8th October 2016

THANET PRIMARY SCHOOLS CROSS-COUNTRY EVENT ENTRY FORM



Quex Park—Saturday 8th October 2016

Event sponsored by Quex Park

(Slips to be returned by 22nd September 2016)

*Vehicle access/parking through Gate 3 Manston Road Only

*Pedestrian Access via main entrance-Park Lane

*Disabled Parking via Main entrance-Park Lane



10:00	Year 3 Girls	1km	10:20	Year 3 Boys	1km
10:40	Year 4 Girls	1km	11:00	Year 4 Boys	1km
11:20	Year 5 Girls	1.5km	11:40	Year 5 Boys	1.5km
12:00	Year 6 Girls	1.5km	12:20	Year 6 Boys	1.5km

Entry through schools only, no late entries and no entries on the day

Please return your completed entry form to your school

Further information, updates and results at www.thanetac.co.uk

- Only guide Dogs are permitted to be on site.

Please enter me into the Primary Cross Country on the 8th October 2016 at Quex Park.

Name Gender: M / F

SchoolYear Group.....

Telephone No. in case of emergency

Medical Details:.....

I accept that the organisers will not be liable for any loss or damage, action, claim, cost or expenses, which may arise as a consequence of participation in this event. I declare that my child will not compete in this race unless he/she is in good health on the day of the race and that he/she will only compete at his/her own risk. I agree that a trained person can give first aid to my child if necessary.

I enclose entry fee of (£2 per race-please make cheques payable to your school)

A professional photographer will be taking photos of the event for sale on the day. If you DO NOT wish your child to be photographed, please tick this box ☐

Signature of parent or guardian Print Name

UPTON PARENTS:

I confirm that this is the first Quex cross-country my child has entered for Upton and so wish to claim a free t-shirt: size required (please be aware they come up slightly small and need to last for a few years! – please circle)

Age 7-8; age 9-11; age 12-13; age 14-15; XS adult; S adult; M adult; L adult; XL adult;