Thinkuknow education programme resources: 2021

4 to 7s

- **Jessie and Friends:** thinkuknow.co.uk/professionals/resources/jessie-and-friends/
  A three-episode animated series and resource pack aimed at giving 4 to 7s the knowledge and skills to stay safe online. It includes session plans, storybooks and activities to designed to be used across a range of settings.

8 to 10s

- **Play Like Share:** thinkuknow.co.uk/professionals/resources/play-like-share/

  This animated series and resource pack helps 8 to 10s to stay safe from sexual abuse, exploitation, and other risks they might encounter online. It looks at identifying the signs of manipulative or threatening online behaviour and how to respond safely.

- **Band Runner and 8-10s website:** thinkuknow.co.uk/8_10/

  Band Runner is a fun interactive game that helps 8 to 10 year olds learn how to stay safe from risks they might encounter online. It is hosted on the 8-10s website which also features clear and practical online safety advice.

- **#LiveSkills:** thinkuknow.co.uk/professionals/resources/live-streaming/

  #LiveSkills is a package of resources for 8 to 18s that focus on the features of live streaming and the specific risks young people can face. Activities are designed to explore positive and negative attention, and responding safely to pressure online.

11 to 13s

- **First To A Million:** thinkuknow.co.uk/professionals/resources/first-to-a-million/

  An 18 minute film with accompanying learning resources for young people aged 11 to 14 that focuses on the concept of the digital tattoo, respect for others, and the importance of online privacy and consent.

- **#LiveSkills:** thinkuknow.co.uk/professionals/resources/live-streaming/

  #LiveSkills is a package of resources for 8 to 18s that focus on the features of live streaming and the specific risks young people can face. Activities are designed to explore positive and negative attention, and responding safely to pressure online.

- **Send me a pic?:** thinkuknow.co.uk/professionals/resources/send-me-a-pic/

  Resource pack containing three session plans based on seven short film clips that explore issues related to consensual and non-consensual nude image sharing. The resource is designed for use in educational settings and aims to start a positive, support dialogue with young people aged 12 to 14 around nude image-sharing.

- **Thinkuknow 11-13 website:** thinkuknow.co.uk/11_13

  Teens can find open and honest guidance on relationships, sex and the internet. Topics include dealing with pressure online, seeking support, and consent.

- **Thinkuknow Toolkit:** thinkuknow.co.uk/professionals/resources/thinkuknow-toolkit/

  A toolkit of 15 activities designed for use with young people aged 11 to 18. Each activity gets young people thinking and talking about key issues related to sex, relationships and the internet, delivers safety messages, and encourages them to return to the Thinkuknow website in their own time.

14+

- **Exploited:** thinkuknow.co.uk/professionals/resources/exploited/

  An 18 minute film with accompanying learning resources for young people aged 14 to 18. This resource explores the features of exploitative friendships or relationships in contrast to a healthy relationship. It also gives them clear information about how to report abuse and access support.

- **#LiveSkills:** thinkuknow.co.uk/professionals/resources/live-streaming/

  #LiveSkills is a package of resources for 8 to 18s that focus on the features of live streaming and the specific risks young people can face. Activities are designed to explore positive and negative attention, and responding safely to pressure online.

- **Online Blackmail:** thinkuknow.co.uk/professionals/resources/online-blackmail/

  A resource for 15 to 18s which aims to help young people to identify key characteristics of how blackmail manifests online, understand the impact it can have, and how they can access help if they experience it. It includes one-hour session plan with supporting worksheets.

- **Send me a pic?:** thinkuknow.co.uk/professionals/resources/send-me-a-pic/

  Resource pack containing three session plans based on seven short film clips that explore issues related to consensual and non-consensual nude image sharing. The resource is designed for use in educational settings and aims to start a positive, support dialogue with young people aged 12 to 14 around nude image-sharing.

- **Thinkuknow 14+ website:** thinkuknow.co.uk/14_plus

  Teens can find open and honest guidance on relationships, sex and the internet. Topics include dealing with pressure online, seeking support, and consent.

- **Thinkuknow Toolkit:** thinkuknow.co.uk/professionals/resources/thinkuknow-toolkit/

  A toolkit of 15 activities designed for use with young people aged 11 to 18. Each activity gets young people thinking and talking about key issues related to sex, relationships and the internet, delivers safety messages, and encourages them to return to the Thinkuknow website in their own time.

Parents and carers

- **Thinkuknow parents and carers website:** thinkuknow.co.uk/parents
  Parents and carers can find guidance on talking to their child about sex, relationships and the internet, and advice on how to support their child if they are a victim of online grooming and sexual abuse.

- **Parents and carers presentations:**
  thinkuknow.co.uk/professionals/resources/parents-and-carers-presentations/
  30-45 minute presentations that can be delivered to parents and carers of primary and secondary aged children. Presentation content covers what young people do online, how to respond to online risks, and what resources parents can use to protect their child from sexual abuse online.

- **Nude Selfies: what parents and carers need to know:**
  thinkuknow.co.uk/professionals/resources/nude-selfies/
  Four animated films offer parents and carers advice on how to keep their children safe from the risks associated with the sharing of nude and nearly nude images.

- **Online Safety At Home:**
  Activity Packs: thinkuknow.co.uk/parents/Support-tools/home-activity-worksheets/
  Video Guides: thinkuknow.co.uk/parents/Support-tools/presentations-for-parents/

  Simple, 15-minute activity packs suitable for home learning. Activity pack content covers a range of age-appropriate online safety themes. Accompanying video guides for parents and carers provide advice and practical safety information on topics such as sharing images, live streaming and gaming.