

UPTON SHIP Breakfast Club

For enquiries, please contact Miss Burke, School Business Manager: office@uptonjunior.com

Breakfast Club..... Upton Ship Breakfast Club offers friendly and positive start to the day from 7:45-8:40am. We appreciate how early some children get up and we are able to greet and speak to these early children individually as they arrive. If someone is feeling a little shaky and unhappy we have Mrs Turner (Learning Mentor) on hand to offer professional comfort.

Breakfast Club is held in the school and we have use of the kitchen. Every day the children are provided with a wonderful range of different menu choices. The pupils can eat as little or as much (within reason) as they like, as we all know breakfast is the most important meal of the day.

Independence is encouraged and the children choose what they would like to eat from our selection. They butter, spread and cut up their own crumpets, bagels and muffins. When we introduced the hard boiled eggs option Mrs Laffey suffered from sore fingers for weeks - but now the pupils can peel their own!

Different games and activities are set out each morning and these vary from day to day. We have one main activity and a quiet one. Staff also join in games and Mr Coot can be heard to cheer as he scores a hat trick against the other children!

Running alongside this we have our quieter games such as the drawing and art table, cars, action figures, Lego, play dough and stacker cups. We can also cater for individuals and so if there is no room we will get the mats out for the girls to practice gymnastics on. Other times we play music so the children can show us their dance moves.

We believe that most of the children enjoy coming to breakfast club and we try to involve them as much as possible. Occasionally we have a vote of a guest cereal and Branflakes featured one week, that was one choice that didn't reappear once the box was finished! All children know to say "Saucamie" when Mrs Baker is in the kitchen, so that they receive a dollop of tomato sauce in their bacon roll.



Breakfast Club Menu Choices...

Range of different cereals
Toast with jam and spreads

Hot Option

May vary each day...

Porridge

Scrambled and hard boiled eggs

Hoops and beans

Hash browns

Cheese toasties

Crumpets, Bagels & Muffins

Friday - Bacon Rolls

Drinks

Orange & Apple Juice

Milk

Water

Occasionally Hot Chocolate

Fresh fruit is always available

Cost: £2.35 per day

Football, bouncy hoppers,
pool and air hockey tables,
iPads, badminton, climbing
frame, giant skipping
rope, table tennis,
parachute.



The aim of the Breakfast Club is to provide a healthy, happy, relaxed start so that the pupils can fully concentrate on their learning for the rest of their Upton day.

UPTON SHIP After School Club

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After School Club.....Upton Ship ASC is a fun, flexible club that runs from 3:15pm-6:15pm daily, we have different time slots and prices to suit all circumstances. We have a fun, varied approach which the children are at the heart of, we provide healthy, fun snacks as well as a light dinner for those staying later, our menu is on a 3 weekly rota to make the meals fun and different. Activities include football, badminton, sports, Lego, iPads, computing, go karts, art and much, much more.

Our friendly staff are always keen to play and entertain and make the whole experience enjoyable.

After School Club Menu....

Mini pizzas
Toast with different toppings
Wraps
Hot dogs
Cheese and crackers
Pitta bread and humus
Pasta bake
A variety of fruit
Spaghetti on toast
Biscuits
Bread sticks
Scrambled eggs
Sandwiches with ham, cheese, chicken slices
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"Wonderful staff"

"There's a wide range of activities everyday"

"Friendly"

"ASC is awesome"

"After-school club is the best"

"Fun"

"It's like one big family"

"We have a great time with all the equipment"

Football, bouncy hoppers, pool and air hockey tables, iPads, giant skipping rope, badminton, climbing frame, table tennis, parachute, Lego, art, music.