Upton Junior School



Mrs M Lewis – Executive Headteacher Miss D Arthur - Head of School **Web:** uptonjunior.com () @uptonjuniorschoolofficialbroadstairs () @uptonjuniors



Edge End Road Broadstairs Kent CT10 2AH **Tel:** 01843 861393

SPORTS CLUBS FURTHER INFORMATION

ALL CHILDREN ARE TO WEAR THEIR UPTON PE KIT AND HAVE TRAINERS TO TAKE PART IN ANY OF THESE CLUBS If your child does not have the correct kit, then they will NOT be able to take part and you may receive a phone call home to come and collect them.

Lacrosse:

The club will incorporate a fun and supportive environment for children to develop their lacrosse skills. Each week we will provide an engaging session that will help children to learn the fundamentals of the game and refine their skills in this unique sport. We'll also focus on developing teamwork and having fun in the process!

Cricket:

Within this club the children will have the opportunity to learn the skills needed to play the game of cricket, including bowling, fielding and batting. All activities will be delivered in a fun environment to make sure children are having a good time as well as learning. Children may also the opportunity to represent the school at tournaments.

Olympic and Paralympics:

This club will focus on a new Olympic/paralympic sport each week allowing children to take part in a variety of disciplines to broaden their knowledge of the games and learning about how sports are adapted for the Paralympics.

Rounders:

Within this club the children will have the opportunity to learn the skills needed to play the game of rounders, including bowling, fielding and batting. All activities will be delivered in a fun environment to make sure children are having a good time as well as learning. Children may also the opportunity to represent the school at festivals.

Tchoukball:

Is usually played with a ball on an indoor court with a small elastic rebounder on each end. Teams score by bouncing the ball against the rebounder and getting it to bounce on the floor of the court without being intercepted by the defending team. The sport was designed to limit injuries, and physical contact between players is prohibited.



'One Childhood One Chance'

Chilton Primary School, Ramsgate Arts Primary School and **Upton Junior School** are operated by **Viking Academy Trust** which is a charitable company limited by guarantee and registered in England and Wales with company number 09449979. The Registered Office is at Chilton Primary School, Chilton Lane, Ramsgate, Kent, CT11 oLQ. Viking Academy Trust is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

Rugby league:

The school rugby club is a dynamic and inclusive community where students come together to embrace the thrilling world of rugby. From tackling and passing to strategic plays, this club provides a platform for players of all skill levels to learn, improve, and compete. Children cultivate their physical abilities, teamwork skills, and sportsmanship. If children partake in this club, there is a possibility of them representing Upton at competitions.

Volleyball:

This club will teach children the basics of the sport including, how to serve, different types of shots and accuracy when playing the shots. Once children have learnt the basics we will turn the new skills into game situations.

Dodgeball:

In this club, children will partake in numerous versions of the game all in which will help to develop their dodging, throwing and catching skills.

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