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|  | UPTON JUNIOR SCHOOL  *Executive Headteacher: Mrs M Lewis*  *Heads of School: Miss D Arthur (Lower School) & Mr D Walker (Upper School)*  *01843 861393*  *Part of The Viking Academy Trust* |

**Kingswood Suggested Packing List**

All children **must** wear their **Upton sweatshirt/fleece** to school for the journey to and from Grosvenor Hall. If your child does not have one, they can be obtained via 'lost property'.

**Please clearly label or mark each item with your child's name**

* waterproof coat
* Carrier bags (for dirty clothing)
* 2 pairs of outdoor shoes (lace up or velcro). Please no wellington boots
* 1 pair of slippers or plimsolls to be worn indoors
* enough underclothes
* jeans or tracksuit bottoms (children must have long trousers for some activities)
* shorts
* t shirts - these make a good base layer if the weather is chilly!!
* tops and sweatshirts – hopefully we won’t need them! (children must have long trousers for some activities)
* pyjamas/night clothes
* soap, flannel, roll-on deodorant, toothbrush, toothpaste, towel (no aerosol please)
* up to £5 spending money
* Lip balm, suntan lotion
* water bottle (this can be refilled during the course of the trip)

Skirts are not appropriate. 'Best clothes' are best left at home!

Every item, down to underwear and socks **must be labelled.**

Jewellery, even earrings are best left at home. If they cannot be removed, only studs should be worn. Hair must be tied back away from the face for all activities.