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Dear Parents/Carers,

We wanted to inform you of a small change to the upcoming Year 3 Design Technology sessions next week. Due to unforeseen issues with sourcing certain ingredients, the children will now be making hummus with crudités instead of the originally planned recipe.

To make their dish, children will be using the following ingredients:

- Chickpeas
- Lemon juice
- Garlic
- Sesame oil
- Vegetable oil
- Roasted red peppers
- Cucumbers
- Peppers
- Carrots
- Breadsticks
- Cumin

Children will also be sampling two different types of Hummuses as part of their food tasting session: plain and roasted red pepper hummus.

All ingredients will be provided by the school.

‘One Childhood One Chance’

Chilton Primary School, Ramsgate Arts Primary School and Upton Junior School are operated by Viking Academy Trust which is a charitable company limited by guarantee and registered in England and Wales with company number 09449979. The Registered Office is at Chilton Primary School, Chilton Lane, Ramsgate, Kent, CT11 0LQ. Viking Academy Trust is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.



Reminders

1. Please send your child to school with an apron or an old, large adult t-shirt that they can wear over their uniform to protect their clothes while cooking.
2. Whilst we have records of children's dietary requirements, please can you update us if your child has any allergies or dietary restrictions. Please let us know as soon as possible so we can plan an appropriate alternative dish for them.

On Thursday, 6th February, at 2:15pm, we would like to invite parents into classes, to join their children in tasting and evaluating their dishes- we can't wait to see you see you then!

We appreciate your understanding and support, and we are sure the children will still have a fantastic time preparing and enjoying this dish. If you have any questions or concerns, please do not hesitate to get in touch.

Thank you for your support.

Best regards

Mrs B Andrews

Head of Year 3

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