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Dear Parents/Carers,

We are excited to inform you about an upcoming activity taking place in Year 3, next week!

During Term 3, as part of our Thematic learning: ‘How my body works’, in science, the children have been learning about nutrition and how animals, including humans, need the right type and amount of nutrition from food. In Design Technology, the children will learn about food technology by designing, planning and preparing a delicious snack: a salsa dip with Crudités

Date: Tuesday 3rd February 2026

The children will be taking part in a carousel of activities across the day. Activities to include:

- Food tasting: describing flavours
- Planning and preparation
- Skills Masterclass to prepare ingredients
- Making, tasting and evaluating their dish

All ingredients will be provided by the school.

To ensure the activity runs smoothly and is both fun and safe for everyone, we kindly ask for your assistance with the following:

1. Please send your child to school with an apron or an old, large adult t-shirt that they can wear over their uniform to protect their clothes while cooking.
2. Whilst we have records of children’s dietary requirements, please can you update us if your child has any allergies or dietary restrictions. Please let us know as soon as possible so we can plan an appropriate alternative dish for them.

We greatly appreciate your support in making this a successful and enjoyable learning experience for the children. Should you have any questions or concerns, please do not hesitate to contact us.

Thank you for your support.

Best regards,

Mrs B Andrews

Head of Year 3

‘One Childhood One Chance’

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